

WAC 296-125-0285 What regulations apply to meal and rest breaks for my fourteen-year-old and fifteen-year-old minors? (1) Since the purpose of meal periods and rest breaks is to provide rest from work, they must not be scheduled near the beginning of the work shift.

(2) The following specific regulations apply to your minors who are **fourteen-years-old and fifteen-years-old:**

(a) They must not work more than four hours without being given a meal period. This meal period must be at least thirty minutes in length and be separate and distinct from, and in addition to, the rest breaks mandated by this subsection.

(b) They must be given, on your business's time, a rest break of at least ten minutes for every two hours worked.

(c) When they work four-hour periods, they cannot be required to work more than two hours without being given either a ten-minute rest break or a thirty-minute meal period.

[Statutory Authority: RCW 49.12.121. WSR 99-02-041, § 296-125-0285, filed 12/31/98, effective 1/31/99.]